MCRRC Low Key Club Race Series

(Please write clearly and fill out all areas)

You must wear the tag on your shoe to be timed!

Write Bib Number in Box

Accounting
- ☐ **Check # _____**
- ☐ **Cash**
- ☐ **$5 member**
- ☐ **$10 non-member**
- ☐ **$5 non-member junior**
- ☐ Owes at next race
- ☐ **Chip Exchange**

Membership
- ☐ **Amount _____**
- ☐ New Member
- ☐ Renewing Member

☐ **MCRRC Member, $5 deposit for permanent IPICO Tag. Use at all subsequent low key club races.**

☐ **Non-Member Entry Fee: $10 adults, $5 Juniors (under 18). Return IPICO Tag after race**

Check Payable to: MCRRC

First Name

Last Name

City **State** **Zip Code**

Sex **Age**

Email: _____

Phone: _____

I know that running a road race is a potentially hazardous activity and that I should not enter and run unless I am medically able and properly trained. I assume all risks associated with running in any and all MCRRC races including, but not limited to, falls, contact with other participants, the effects of weather, including heat and humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I know that all or part of the course at any given race may be open to traffic, and that is my responsibility to obey all laws that apply to pedestrians. I know that this requires me to use a sidewalk if one is available, and if a sidewalk is not provided, I will use the left shoulder or, if this is not practicable, I will use the left side of the roadway as near as practicable to the left edge of the road. I will yield to automobile traffic at intersections. I also know that MCRRC races are running events and that I cannot participate with a stroller, baby jogger, bicycle, skateboard, skates, rollerblades, pets, headphones, or other similar things that could be a hazard to myself or others in an event. Further I grant permission to all of the foregoing to use any photographs, motion pictures, or other record of all low key events for any legitimate purpose without compensation to me. For safety, for myself and anyone entitled to act on my behalf, I waive and release the Montgomery County Road Runners Club, Inc., and all of its officers, race officials, volunteers, and employees, and any sponsors, their representatives and successors, from all claims or liabilities of any kind arising out of my participation in this event.

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PARTICIPANT'S SIGNATURE (Mandatory) Must be signed by parent or guardian if entrant is under age 18. Unsigned or illegible entries will be rejected.